

DOLPHIN QUEST TOURS & ACTIVITIES

Dolphin & Whale Quest (1-4 persons)

Let us take you and search for the larger mammals of the sea who just happen to be our favorite creatures on earth. *2-6 hours. Best year-round*

Snorkeling Tour (2-6 persons)

Have one of us take you to our local spots and show you the thriving marine life of Golfo Dulce! Masks and fins included. *3 hours. Best Dec.- May*

Bioluminescent Night Cruise (2-6 persons)

Take a night boat cruise and swim to experience the bioluminescent glow in the sea, which occurs due to a fascinating chemical reaction when algae clash with oxygen or motion. Bioluminescent dinoflagellates produce light using a luciferin-luciferase reaction. The luciferase found in dinoflagellates is related to the green chemical chlorophyll found in plants. Bioluminescent dinoflagellate ecosystems are rare, mostly forming in warm-water lagoons or tropical fjords such as the Golfo Dulce, with narrow openings to the open sea. *1-2 hours. Best year-round*

Rio Esquinas Mangrove Kayak (2-4 persons)

Get dropped off by boat 2 miles up the Esquinas River and drift down in your kayak while observing the biodiversity (Caimans, Turtles, Snakes, Otters, Tropical Birds and Amphibians) of the Mangrove. *4 hours. Best year-round (also available without kayaks)*

Surf Pavones (2-4 persons)

Take a 1-hour boat ride to a world-class Pavones Beach and get a top-notch surf lesson, then enjoy time to explore the town in search of souvenirs and gifts. Light lunch, surfboard and lesson included! *8 hours. Best Dec.-Mar. for beginners; best Apr.-Jul. for advanced.* (post surf deep-tissue massage available as an add-on)

Local "Artisanal" Inshore Fishing (2-4 persons)

Have us take you fishing in the Gulf in search of Sierra Mackerel, Snapper, Roosterfish, Jack Crevalle, Barracuda, Snook and more! We will serve your catch for dinner! *3 hours. Best year-round*

Offshore Pelagic Fishing (1-3 persons)

Charter a boat to cruise out to the mouth of the gulf and beyond, seeking Yellowfin Tuna, Mahi-Mahi, Rooster, Amber Jack, Cubera Snapper, Wahoo, Sailfish & Marlin. Snacks & refreshments provided! *License included. 6 hours. Best year-round*

Food Harvesting & Processing Tour

Let us show you around our property filled with fruit, herbs, and greens. A truly sensory experience with many exotic flavors, textures, and fragrances to delight your senses! *1-2 hours. Best year-round*

Coco Milk Workshop

Learn the real jungle way of making your own fresh organic coconut milk. Indulge in the fruits of your labor or let us implement it in your next meal. *1 hour. Best year-round*

Guided Hiking Tour

Have one of us lead you through acres of the lush Piedras Blancas National Park rainforest in search of exotic plants, animals, and birds. Stop for a refreshing dip in the waterfall halfway through. *3 hours. Best year-round*

Tico Wakeboarding Challenge (1-4 persons)

Challenge yourself to pop-up on a small puddle-jumper surfboard and play around the bay. Practice your air on a board without straps or simply cruise in search of playful dolphins. *1-4 hours. Best year-round*

Golfo Dulce Coastal Cruise (2-4 persons)

Explore the coast by boat in search of small waterfalls, hidden beaches, ospreys, turtles, and dolphins. Perfect if you just want to get to know the gulf or if you are searching for real estate in this area. Cold beer or wine included. *4 hours. Best year-round*

Island Picnic Day (2-6 persons)

Ride along the coast looking for dolphins until reaching the Mogos Islands for a beach picnic! Chillout and enjoy a light snorkel or swim. *4 hours. Best Dec.-Sep.*

Animal Sanctuary (2-6 persons)

Let us take you by boat to the one and only Osa Wildlife Sanctuary where you can see and learn about sloths, monkeys, ocelots, scarlet macaws, and many more of our native animals. *4 hours. Best year-round*

Extreme Hiking Challenge (2-10 persons)

Take a guided hike through the Piedras Blancas National Park and the Golfito Nature Reserve with Golfito as your final destination. Enjoy lunch on the water in town before cruising back by boat – an adventure not for the faint of heart! With steep hills and gorgeous views, this trip is recommended for the extreme adventurer! Do you dare? *8-10 hours. Best Dec.-Aug.*

Guided Horseback Riding (1 person only)

Go on a horseback tour of the Piedras Blancas National Park while searching for monkeys, toucans, and exotic animals, punctuated by a 30 min waterfall stop. *3 hours. Best year-round*

Scuba Diving (1-4 persons)

Explore the depths of the magical Golfo Dulce in search of coral reefs, shipwrecks, and marine life! *4 hours. Best Dec.-May (2 tanks)*

Zip-Lining Excursion (2-6 persons)

Zipline through the canopy of one of the most biodiverse regions in the world. Canopy zip-lining is offered in either Golfito or Puerto Jimenez. The total zipline distances range from 1,200 to 3,000 meters and takes from 2-3 hours. The price includes roundtrip boat transfer, certified gear and insurance, professional guides, bottled water and fruit at the end of the tour. *4-6 hours. Best Dec.-Aug.*

Yoga Classes (seasonal availability)

Decompress with an ocean-view yoga class. We hope you don't mind views of scarlet macaws, toucans, hummingbirds, and butterflies with your yoga! *1 hour*

Spearfishing (1-3 persons)

Charter a boat to take you outside the gulf in search of Cubera Snapper, Amber Jack, Mackerel and occasionally Yellowfin Tuna! For certified and experienced freedivers only. *License is additional. 6 hours. Best Dec.-Sep. (equipment not provided)*

Self-Guided Kayaking Free

Explore the beautiful waters of the Golfo Dulce and discover sea life and scenery for yourself! Mask and snorkel included upon request. *Unlimited*

**** All per person (pp) rates are subject to a 20% discount for parties of 4 or more ****

**** We ask that tours be booked with a minimum of 24 hour notice (ideally upon initial reservation) ****

**** Many items are only available during certain seasons and conditions****